



Indoor Net Rules

1. The ball may touch the top of the net on a serve & offensive attack. For safety & consistency, a player can not touch the net at anytime.
2. Reaching Beyond the Net While Blocking: – A blocker may touch the ball beyond the net (vertical plane) provided he/she does not interfere with the opponent's play before or during the latter's attack hit. After an attack hit, a player is permitted to pass his/her hand beyond the net, provided the contact has been made within his/her own playing space.
3. It is permitted to penetrate into the opponent's space under the net, provided this does not interfere with the opponent's play. A foot (feet) is permitted, provided that some part of the penetrating foot (feet) remains either in contact with or is directly above the centre line.
4. A player may enter the opponent's court after the ball goes out of play.
5. Players may touch the post, ropes or any other object outside the antennae provided it does not interfere with play.
6. When the ball is driven into the net, causing it to touch an opponent, no fault is committed.